

General Care Facility Notes

- Many facilities are created from converted haciendas to health care facilities.
- Most have 5 -10 residents in private rooms bathrooms and TV and wi-fi..
- All facilities are locked.
- Some facilities allow pets.
- Most facilities owned by Mexicans and run by RN with many foreign residents.
- Facilities are well staffed and staff very attentive and compassionate.
- Provide care to clients who are ambulatory through hospice care
- Thorough medical and nursing assessment upon admission.
- Most have physician on call and they make monthly visits.
- Medical care is available locally and Guadalajara has large medical centers.
- A Mexican companion is with a patient for all medical appointments or hospitalizations.
- Work with Mexican consulate for temporary visa and permanent residency. Facilities will help with transfer and dealing with obtaining residency.

Care Facilities to Consider

Specialties: Aging, dementia care, rehabilitation, physical disabilities

La Casa Nostra: (our favorite)
+52-376 765 4187

Alicia's Convalescent Care
+52-376-766-3152

Nursing Home Lake Chapala
+52-33-3470-3470

Well Wishes Home: upscale
+52-333-954-1314

+Mi Casita in San Antonio
+52-331-115-9615

+Ohana: Several care levels
+52-331-549-1978



Chapala, Mexico

**Affordable Medical
Care Facilities**

Disclaimer
Information provided is from personal experiences and internet research. Mentions of places are intended as examples. We provide the information as suggestions on where to begin finding healthcare in Chapala. We are not responsible for complications or difficulties which may arise when visiting.



I am on tilt. How can I afford to care for my person in need?

- Long term care cost from \$10-15K monthly in US.
- In Mexico care facilities charge \$2-4K for basic care and meals. Additional needs, meds, or a companion may be \$1000 more.
- Medical and dental care in Mexico is excellent and considerably cheaper than in US.
- Medicare will not cover medical care outside USA.
- Mexico healthcare plans can be purchased or pay for medical care in advance.
- Hotels are available for short stay while rental properties are reasonable for short or long term use.
- Best to arrange personal housing after client has been placed in facility.

Caution:

Everyone uses bottled water for drinking and brushing teeth. Used toilet paper goes in trash. The area has poor septic systems.

Why Lake Chapala Area?

Chapala/Ajijic is 30 minutes from Guadalajara airport via taxi. The Lake Chapala area is 40 miles long with numerous towns, shops, and nursing care facilities along the main highway.

Infrastructure is charming with cobblestone roads, stucco buildings and tile roofs. About 15,000 expats live in the area.

Warm weather, reasonable cost of living, affordable housing, wonderful culture of art and music and many care facilities for persons in need.

The Lake Chapala Society is similar to US Chambers of Commerce.

Their mission is:

- Create a quality improvement culture
- Expand the use of information technology
- Greater collaboration between and among the Mexican and foreign communities.

They provide a monthly activity calendar and information on rental and home properties.



How to Start

Bring a friend on the first journey but not an ailing person.

Fly to Guadalajara

Hire airport taxi to hotel in Chapala as Hotel Villa QQ

+52 33 2187 7006

(or other hotel from confirmed on internet)

Once in Chapala, contact pre-screened nursing homes and arrange appointments for visit.

Ensure there is an English speaker available for tour.

Francisco is a local taxi driver and speaks English.

He is available for various tours of the city (e.g. art, dentist, Walmart, restaurants).

Francisco knows the care facilities mentioned and will take you to arranged appointments.

+52 33 3156 0699

Before the Trip

- Install WhatsApp on phone
- Install Translate Now app
- Bring Mexican Peso to pay taxi until get money at ATM
- Mexico is a cash economy, cards not readily accepted in most areas.